

BIRTH BASICS: ACUPUNCTURE AND ACUPRESSURE FOR LABOUR & DELIVERY

This theory-based course teaches the core skills for bringing Eastern Medicine diagnosis and treatment approaches into the labour room with confidence, with or without needles.



NOVEMBER 7-8, 2015

- Align Eastern & Western Medical concepts related to labour
- How to address main Labour and Pre-labour issues
- Learn proven Tui-na/acupressure techniques for labour

Claudia Citkovitz, L.Ac. is one of North America's foremost authorities on Acupuncture treatment for women in Labour & Delivery as well as patients recovering from Stroke. She directs the Acupuncture Program at NYU Lutheran Medical Center in Brooklyn, NY. Through this program, she provides care to inpatients in the Labour & Delivery and Neurological/Orthopedic Rehabilitation Units. She hosts licensed practitioners, masters and doctoral students for didactic and clinical instruction.



Claudia is the Chair of the Obstetrics & Gynecology Department of the Doctoral Program at the American College of TCM and worked in the OBGYN rotation at the University of Chicago School of Medicine. She lectures extensively at schools and hospitals and is a top-ranked lecturer for ProD and Medigogy, web-based educational sites. She has published research in acupuncture during Labour & Delivery and has recently completed her PhD in Life Sciences under Volker Scheid at the University of Westminster in London for acupuncture in stroke rehabilitation.

Presented by:



& **Renee Pilgrim,
R.Ac., R.TCMP**

Study with a top-ranked instructor!!

Learn effective tools to better help your clients prepare for labour and delivery

This is Claudia's first time speaking here in Toronto. Be one of the first here to learn from this renowned lecturer!

Rates:

Professional: \$375

Early Bird: \$325
(book by Aug 1)

Student: \$325

LOCATION:

Centre for Social
Innovation (Spadina)
215 Spadina Ave, Toronto

Sat. Nov 7 (9am-6pm)
Sun. Nov 8 (10am-6pm)

torontoacubirthing.ca/blog
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